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**Slow down, Move your body, Improve your diet,
Learn for life, and Enjoy school time
S.M.I.L.E.**

Teacher/s: **English Teachers**

School: **VI Liceum Ogólnokształcące im. Króla Zygmunta Augusta w
Białymstoku**

Country: **POLAND**

Write about what you learnt during the project as regards:

A. CLIL Modules in terms of :

- 1) new teaching strategy
- 2) CLIL approach
- 3) Working with technology
- 4) Time Management
- 5) Motivation of your students

CLIL Module 1 Traditional sports and games

We learnt a lot of new ideas and strategies concerning the new CLIL approach . We worked with technology a lot extensively using ICT tools and applications: Glogster and Timeline.

We took care of time management, enhanced students' motivation into active participation in the project activities.

CLIL Module 2 Sports in History

This module provided us with the knowledge concerning sports in history and non-traditional games using the interviews prepared by our students' research. They resulted in an ebook on non-traditional sports and games which our team contributed to.

CLIL Module 3 The benefits of individual sports

Teachers as well as the students learnt about the advantages of individual sports incorporating fair play rules.

We found out that field projects motivate students to do sports (a visit to the local stadium).

In terms of technology students were working on quizlets, avatars and ebooks.

Teachers' role was to manage the time actively.

The history teacher conducted a CLIL lesson on history, laws and UE activities.

CLIL Module 4 Team sports and sportsmanship

This module included eTwinning activities during the mobility to Istanbul. What is more, fair play discussion was led which resulted in some clever conclusions concerning sports people. We learnt a better understanding of tolerance and another different culture.

CLIL Module 5 Doping

Our students were sharing their opinions on doping in sport. During counselling activities we realized we should teach our students resilience and how to be assertive in some life situations.

The quiz about EU motivated our students to broaden their horizons as they acquired a lot of knowledge about this organisation and they can use it outside school.

CLIL Module 6 Physical Activity and Healthy Balanced Sustainable Diet

In this module we learnt that students are willing to work in groups to make a short cookery film showing how to prepare the traditional dishes. That resulted in madmagz which were both mastered by teachers and students.

CLIL Module 7 Non traditional learning

We learnt that our students appreciated the project and gathered the ideas into a nicely organised padlet. We liked their impressions about the mobilities and the fact they enjoyed the stay in every country.

A. Etwinning activities in terms of :

- new teaching strategy
- CLIL approach
- Working with technology
- Time Management
- Motivation of your students

We learnt how to:

- use the new programmes and applications (e.g. emaze, prezi, powerpoint)
- upload them onto Twinspace of Crossing Borders,
- use the chatroom effectively,

Students found it very challenging.

B. Transnational meetings in terms of:

- sharing ideas
- planning
- discussing
- finding solutions

We found the transnational meetings extremely useful in terms of planning the activities, assessing the previous ones, negotiating the terms and conditions of the meetings, discussing the current problems and finding the constructive solutions.

C. Mobility weeks you took part in, as regards:

- new teaching strategy
- CLIL approach
- Working with technology
- Time Management
- Motivation of your students
- sport activities
- cultural programme

Mobility to Bari, South Italy – February 2016

Mobility to Bialystok, Poland – April 2016

Mobility to Istanbul -Turkey – May 2016

Mobility to Crema , North Italy – November 2016

Mobility to Moreni, Romania – February 2017

Mobility to Latvia – April 2017

We especially liked Crema mobility as for the great organisation of the activities, the city run and the visit to Milan and nicely prepared cultural programme.

Answer the following questions in relation to the Mobility experience:

What difficulties (language and integration problems) did you have in integrating in a foreign country and how did you sort them out?

We had no problems, our students were very communicative and understanding.

Answer the following questions about the whole project:

What difficulties did you have in carrying out the assigned tasks during the whole project and how did you face and overcome them?

What satisfactions and positive impressions did you get?

From the Project

- challenging tasks for students,
- scheduling the meetings,
- not enough time to organize some activities,
- some misunderstandings concerning not clear instruction (ICT)

From the CLIL Modules

No problems. They were finely organized and briefly explained.

From the Mobility week you took part in

- Wi Fi failure,
- disorganization of some activities due to culture differences.

From the eTwinning project

- time schedule of the last eTwinning activities(paralleled with mock exams in Poland)

What influence will this experience have on your future?

The project experience will encourage us to participate in similar projects in the future.