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**Slow down, Move your body, Improve your diet,
Learn for life, and Enjoy school time
S.M.I.L.E.**

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School Bauskas Valsts gimnazija

Country Latvia

Write about what activities you did during the project:

Evaluate your skills while working for the CLIL Modules as regards:

- 1) Working with your classmates
- 2) Independence in carrying out tasks
- 3) Working with technology
- 4) Time Management
- 5) Your contribution to the Final products

CLIL Module 1

We were working with our classmates in small groups and we had no problems because we all helped each other. Linda was responsible for taking photos. We had no problem working with IT as we all know how to do it. The tasks were easy and we did them on time. Posters about traditional sports and games were made after interviewing our parents and relatives.

CLIL Module 2

We revised vocabulary connected with sports and learned some new terms. We had interesting sports lessons. The tasks were easy so we could do them individually. Teacher's help was not necessary.

CLIL Module 3

We were writing letters to sportsmen. Some students wrote the letters in Latvian and then translated them into English but some of my classmates wrote first in English and then translated into Latvian. We wrote a letter to our classmate Emīls because he was chosen to be interviewed and we also made a report about him and other sportsmen. We were making videos of our sport lessons. At psychology lesson we made ice breakers first in the Latvian language, then in English for the mobility in Poland.

CLIL Module 4

We were writing guidelines for fair play and tips on boosting self-esteem. We discussed the theme about cheating and how to prevent it. We enjoyed group work. It is much better than working alone and writing tests.

CLIL Module 5

We made posters against the use of dope. We were watching videos about the negative effects of dope usage. We attended a lecture about doping and found out a lot of new information. The film which we watched was in German and Renārs and Monta could understand it without translation because they study German.

CLIL Module 6

Sports teacher gave us an unusual task – to send her our physical activity pyramid. We worked in groups as well. We also attended a lecture about healthy diet and it was really useful. We discussed issues connected with improvement of school canteen and the need to sell more fruit.

CLIL Module 7

We worked in groups which had different tasks – our group had to write about the mobility to Poland, another group discussed how to improve school life so that students would not get bored easily. We also translated answers given by parents whose children have been involved in the project and were going to host guests from countries involved in the project. We watched a video about creativity. Katrīna had made a presentation of the report and we divided roles in order to plan how to present it in an interesting way.

Evaluate your skills while working for the eTwinning activities as regards:

- Working with your classmates
- Independence in carrying out tasks
- Working with technology
- Time Management
- Your contribution to the products

We wrote questions to be asked during the Forum discussion about mobility.

Renārs and Markuss were working independently and answered questions from other schools that participate in the project and had conversations with other students. They think that there was too much time given as they had already given their opinion on every provided topic during the activity.

Evaluate your skills while working during the Mobility weeks you took part in, as regards:

- Working with other students during the mobility week
- Independence in carrying out tasks
- Time Management
- Working with technology
- Your contribution to the Final products
- Your participation in sport activities
- Your participation to the cultural programme

Mobility to Bialystok Poland – April 2016

Icebreaker

Our class made an Icebreaker game. We had a lot of fun. We had to organise a big crowd of people which was a challenge at first but we managed to do it. No work with technology was needed during this. People enjoyed the game and we managed time well. After coming back from Poland students' answers were processed and a presentation using charts was made by Markuss. We found out the results at the English lesson when he presented his work.

Working with other students went well because everyone is cooperative. Some tasks were confusing and we ran out of time so we couldn't finish them properly. Markuss and Renārs liked working with technology because the tasks were actually fun. Everyone was actively involved in the project activities working in international groups.

GoAnimate! animations

Markuss made animations for the Final product. His opinion about this experience is as follows: "I was working in a group composed of 1 person from each country. We were making an animation about a sports person. Time management was difficult because sadly the task required higher computer skills so some people could not really be as useful. I did most of the animating and text while others designed how exactly the animation would look."

Sports activities

The sports activities were competitive but friendly at the same time. It was nice to relax after some hard days of work. It was Dina who even got the prize.

Interview

Markuss was interviewed on Polish television and had to answer a few questions about Latvia and our culture so they could see how different it is in our country.

Mobility to Latvia – April 2017

We were actively involved in this mobility as it was our turn to host students from other countries. Katrīna helped to prepare the presentation of the report and chose Prezi for that purpose. Dina helped to make name tags. Keita and Katrīna were busy taking photos during the mobility. We were involved in organizing Sports Activities on Wednesday. Markuss filmed and edited the video about Healthy Lifestyle working together with schoolmates and students representing all 5 countries.

Answer the following questions in relation to the Mobility experience:

What difficulties (language and integration problems) did you have in integrating in a foreign country and how did you sort them out?

Renārs and Markuss had no difficulties because their English skills are excellent and so were the skills of the hosts. Dina, Linda and Monta did not feel at ease at once but they managed to overcome their surface shyness and were active participants later. There were some miscommunications between people as nobody was informed on what to do. However, it was solved later as we simply asked for help from teachers and they told us what to do.

Answer the following questions about the whole project:

What difficulties did you have in carrying out the assigned tasks during the whole project and how did you face and overcome them?

On the whole we did not have difficulties because we managed to help each other and worked in groups. That was a good experience.

What satisfactions and positive impressions did you get?

From the Project

The project showed us how well people from foreign countries can cooperate doing different activities and communication is not a problem at all.

Dina and Renārs presented the project S.M.I.L.E. and told about the mobility to Poland to students who were going to study at our school after finishing Form 9 at the event called "Open Door Day" in April 2016.

From the CLIL Modules

We learnt a lot and could use the knowledge we already had.

From the Mobility week you took part in

We got to live in a foreign country for a while and only rely on English skills, which was a very pleasant experience as we like using our English skills daily. We also got to learn about the culture and trends of the countries from the project. These days taught us how to work well together with foreign people and not to be shy. We met new people, saw a lot of new places and got new experience.

From the eTwinning project

We got experience of sharing our opinions and asking relevant questions. Markuss and Renārs joined Forum and liked to see other people's opinions on the topics that were presented. They could agree with quite a few of them and learn something new.

What influence will this experience have on your future?

We will feel more safe and confident in participating in international projects that cooperate between different countries. The project made us more confident since we had to step into a crowd full of strangers and socialize and even do interviews. We have got new contacts in different countries and that will have a positive influence.