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**Slow down, Move your body, Improve your diet,
Learn for life, and Enjoy school time
S.M.I.L.E.**

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School Bauskas Valsts gimnazija

Country Latvia

Write about what activities you did during the project:

Evaluate your skills while working for the CLIL Modules as regards:

- 1) Working with your classmates
- 2) Independence in carrying out tasks
- 3) Working with technology
- 4) Time Management
- 5) Your contribution to the Final products

2016/2017

CLIL Module 5

We worked in groups of 3-4 people and were really independent in our work as individuals. We did not have any problems working with technology as we have good IT skills. Time management was OK. We wrote anti-doping slogans and presented them in class. It was quite exciting and videos or photos were also made.

CLIL Module 6

We attended a lecture about healthy lifestyle and we think that it was useful. We made powerpoint presentations of Latvian national food and presented them before Christmas. The recipes were written both in Latvian and English. Some of them were used for the final product – e-magazine The Taste of Europe. We had to rewrite the recipes because the template was sent in January. So we had completed the task ahead of time. We liked our presentations because they were colourful and food looked tasty. We took part in the competition organised by Home Economics teacher “My Christmas Treat”. We made a group presentation including the survey about eating habits, advice how to be healthy and improve school canteen and also chose the recipes that were more healthy than others.

CLIL Module 7

We learned how school work has changed over the years and how our creativity has been suppressed. We did reading tasks and learned a lot of new terms. We watched videos about education and took photos of us doing the tasks. We discussed how to save time using symbols or colours. We like working in groups and watching each other's presentations. We did everything on time. Before writing the report we discussed it with our groupmates.

For us it was easy to work with our classmates, because we all get on very well, we were very supportive of each other and it was easy to do the work with our classmates, because every single one of us participated in doing the required tasks. If we didn't understand something, our teacher was there to help us. It was quite simple to work with technology, because we use it every single day, so there weren't any difficulties. All tasks were done on time, because we planned our time so we could hand in our tasks on time and if we saw that we were behind on some tasks, we took the extra time to do them at home. For the activities we used a lot of technology, for example our mobile phones and computers, so that we could film our video materials, we used a lot of visual presentation materials, such as paper, models and other stuff.

Evaluate your skills while working for the eTwinning activities as regards:

- Working with your classmates
- Independence in carrying out tasks
- Working with technology
- Time Management
- Your contribution to the products

It wasn't hard to work independently, as the tasks were easy and we all were already used to working independently. Our favourite part of doing these activities was working with technology for it was very simple to do. All tasks were done on time.

Evaluate your skills while working during the Mobility weeks you took part in, as regards:

- Working with other students during the mobility week
- Independence in carrying out tasks
- Time Management
- Working with technology
- Your contribution to the Final products
- Your participation in sport activities
- Your participation to the cultural programme

Mobility to Moreni, Romania – February 2017

Even though we were in a different country and city, it was easy to work in groups with other students, because everyone was very friendly, determined and focused on doing the tasks on time and precisely. But on the first day it was a bit harder to work in groups, because we didn't know each other, but at the end of the day we had already gotten to know each other, which made it easier to work in groups.

It wasn't hard to carry out tasks independently, because we had already done similar tasks at our school, so it was easy to do the required tasks independently. We managed our time so we could do all the tasks at school, at the intended time and afterwards we could have fun and enjoy the free time in Romania.

Working with the technology wasn't as simple as in our country, because there weren't modern computers, the internet was slow and there wasn't a Latvian keyboard on the computers there, but despite that, everything was okay.

All of us had a big part in the Final product, because we did a lot of work in our groups, we helped other groups in finishing their work, even though we didn't have to do it. For example Anda made the photo dictionary and a presentation of interview summaries, Kārlis made the Recipe Book of Typical Latvian Food and Juris helped put all of the recipes from different countries in one e-recipe book.

All of us actively participated in the sport activities and we had fun while doing it. In our opinion we very actively participating in the cultural program, as we spent a lot of the time with people from other countries, spending time with them outside school properties, hanging out and having fun, thus getting to know them and their culture and we had put together a cooking book, where we included a lot of different national foods, thus getting to understand the country culture getting to know national cuisine.

Answer the following questions in relation to the Mobility experience:

what difficulties (language and integration problems) did you have in integrating in a foreign country and how did you sort them out?

- The only problem that we had was connected with communication, because we were at a different country where we didn't understand and speak their national language, so we had to talk to them in English, because it was the only language that we all understood. Also it was hard that not everyone spoke perfect English, so it was harder to talk to each other, than to understand what the other person was saying, but in the end we all understood each other very well.

Mobility to Latvia – April 2017

We took an active part in mobility in Latvia hosting our guests and working in international groups. Commercials were made and presented. Amanda wrote the script for the video which was begun in Romania and we helped her to find students from different countries for the Healthy Lifestyle video. We managed to complete all the tasks on time cooperating not only with Latvians but also with students from other countries. They were very friendly and nice.

Answer the following questions about the whole project:

What difficulties did you have in carrying out the assigned tasks during the whole project and how did you face and overcome them?

- We didn't have any difficulties in carrying out the assigned tasks during the whole project, because the tasks were very simple and easy to understand and if we didn't understand something our teacher helped and explained everything to us.

What satisfactions and positive impressions did you get?

From the Project

We were able to develop our knowledge of English and extend our vocabulary, we got the chance to work in groups, which brought our classmates closer together and gave us a chance to break out of our everyday routine, of learning English only from our student's books and workbooks, by teaching us that you can learn English the different way while doing a lot of different tasks and activities.

Kārlis presented the project S.M.I.L.E. and told about the mobility to Romania to students who were going to study at our school after finishing Form 9 at the "Open Door Day" in April.

From the CLIL Modules

- From the CLIL Modules we were able to get to know a lot of different countries and their cultures, we got the chance to take an example of different teaching methods, where you could combine learning new skills while having fun, we learned a lot of new information about doping and how it can affect us, about a lot of different sports, sportsmen and their achievements, how to live a healthy lifestyle and now we understand the true meaning of the food pyramid and how important it is to use it properly.

From the Mobility week you took part in

- From this week we will always have the adventures, the great memories and remember the friendly people that made the Mobility week so amazing. We also made a lot of new friends from other countries, who we keep in contact with even after the Mobility week. We got to explore new countries and new cultures in which we didn't take a lot of interest in before. And it was a chance for us to extend our knowledge of English, because we had to speak English the whole week.

From the eTwinning project

- We participated in Forum discussion as part of the eTwinning project. It was easy to answer these questions because we had read articles about migration and refugees.

What influence will this experience have on your future?

- For us this was a chance to develop our knowledge in multi-tasking, working in groups and independently, which will help us in the future when doing tasks that require these skills. This experience will help us understand other cultures better. Now we realise how important it is to visit other countries and meet new people so that we could learn new things and understand the world around us a lot better.