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**Slow down, Move your body, Improve your diet,
Learn for life, and Enjoy school time
S.M.I.L.E.**

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CLASS 3AL

School "Domenico Cirillo"

Country Italy (Bari)

Write about what activities you did during the project:

Evaluate your skills while working for the CLIL Modules as regards:

- 1) Working with your classmates
- 2) Independence in carrying out tasks
- 3) Working with technology
- 4) Time Management
- 5) Your contribution to the Final products

CLIL Module 1

In this module we analyzed the "traditional sports and games" of each country. We worked in groups, we carried out researches on the internet, we also asked our grand parents which games they played when they were young and we found out lots of things we didn't know and it was really interesting for all of us. As a final product, we created some posters about the traditional games of our town

CLIL Module 2

In this module we focused on the "sports in history". Always divided in groups, we worked reading and researching some information about this topic. We analyzed the oldest sports in ancient Greece and an example of that are the traditional Olympic Games. After that, we chose one sport played in the past and then we wrote an article on it.

CLIL Module 3

Here we focused on "the benefits of individual sports", for example, running. It was really interesting especially for some of our classmates that do some individual sports. These benefits can help everybody to grow up better and some examples of those, that are really important also in everyday life, are: self-esteem, discipline, control, higher sense of responsibility

CLIL Module 4

This module was really interesting and funny because we have analyzed the "team sports" both in theory and in practice. In fact we have played basketball, football, volleyball, the relay and other kinds of team sports. This module was really useful because thanks to it we have better understood the benefits of being part of a team like: new friendships, loyalty, confidence and respect and in doing this module we were also more united as classmates

CLIL Module 5

This module was really interesting especially for the ones that do some sports. Here we focused on the problem of doping in sports and on the problems and troubles that it creates in our bodies when someone uses drugs. Thanks to this module we also learnt lots of words about the human body we didn't know before and it also helped us in understanding how loyalty and fair play are important. As a final result after discussing and watching videos about this topic, we wrote articles about some Italian

sportsmen that used drugs and we also prepared some slogans against this big problem in the sport community.

CLIL Module 6

This module was so fun and for us it was the funniest among all the other ones because we played lots of different types of sports because it was based on the physical activity. Then we analyzed healthy diets and in particular the mediterranean diet. With this module we had so much fun because we were divided in groups and we worked in making pyramids about the mediterranean diet and the physical activities, but the best part was cooking and recording us while we were preparing some typical healthy recipes of our town.

CLIL Module 7

This module was interesting because we analyzed that there can be different ways of learning and we focused on “non traditional learning”. About this topic we watched videos, did some reading comprehension activities and listened to a really nice song by the band “Pink Floyd”. This module and the project in general were so useful because they provided lots of examples of non traditional learning and highlighted how many things students can learn through non traditional lessons. As a final product, we designed some spots about non traditional learning and we had so much fun in recording them

Evaluate your skills while working for the Etwinning activities as regards:

- Working with your classmates
- Independence in carrying out tasks
- Working with technology
- Time Management
- Your contribution to the products

We liked learning lots of things and stuff we didn't know and the fact that we worked with technology that is something easy enough for us. Probably the best thing of these modules is that we worked all together.

Evaluate your skills while working during the Mobility weeks you took part in, as regards:

- Working with other students during the mobility week
- Independence in carrying out tasks
- Time Management
- Working with technology
- Your contribution to the Final products
- Your participation in sport activities
- Your participation to the cultural programme

Mobility to Bari, South Italy – February 2016

Mobility to Bialistock, Poland – April 2016

Mobility to Istanbul -Turkey – May 2016

Mobility to Crema , North Italy – November 2016

Mobility to Moreni, Romania – February 2017

Mobility to Latvia – April 2017

Everybody took part in the mobilities and in fact two of us went to Romania and one of us went to Crema. The mobilities are the best part of the project and that's for sure. Thanks to this chance we left our town and visited new countries, we met new people, we learnt lots of things we didn't know, we discovered cultures that are different from ours, we built new relationships and we felt lots of emotions. These experiences helped us in becoming more responsible and sociable.

Answer the following questions in relation to the Mobility experience:

What difficulties (language and integration problems) did you have in integrating in a foreign country and how did you sort them out?

We didn't have so many problems with the language, but sometimes it was difficult to communicate with the guys that didn't know English really well, but at the end we did not have many problems.

Answer the following questions about the whole project:

What difficulties did you have in carrying out the assigned tasks during the whole project and how did you face and overcome them?

We had not so many problems because we always worked in groups so everybody had his part to do, but sometimes we had not so much time to finish the modules because there were so many things to do at the same time

What satisfactions and positive impressions did you get?

From the Project

In our opinion this project is really interesting and very nice because we learnt so many things we didn't know and the most important thing is that we improved our English and got to know new cultures and opened our minds.

From the CLIL Modules

Some of them were really nice and funny and all in general were interesting. Thanks to them we know much more stuff and we can use more words to explain our opinions because we have learnt lots of words we didn't know

From the Mobility week you took part in

Two of us went to Romania and for us it was an incredible experience because we had so much fun ,we visited nice towns and we met new people. The same thing is for the other guy that went to Crema

From the eTwinning project

It was an interesting project and really well done. Here there are all the products that the guys from all the countries did and it is useful because you can post on it all the stuff and things we do and we can

also see what the other countries post. It's a nice idea because in the future we could use it to remember what we did during the project

What influence will this experience have on your future?

We think that this project will have an influence on our future because we will always remember this experience because thanks to it we have built new relationships, we have improved English and we have a wider culture and all these things are important for our future