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**Slow down, Move your body, Improve your diet,
Learn for life, and Enjoy school time
S.M.I.L.E.**

Students Mincuzzi Alessandro, Toscano Mario, Fiore Armando, Del
Vecchio Marco, Marzulli Francesco Umberto

CLASS 4BLS

School Convitto Nazionale Domenico Cirillo

Country South Italy

Write about what activities you did during the project:

Evaluate your skills while working for the CLIL Modules as regards:

- 1) Working with your classmates
- 2) Independence in carrying out tasks
- 3) Working with technology
- 4) Time Management
- 5) Your contribution to the Final products

CLIL Module 1

During module 1 we prepared presentations and posters about traditional sports and games using programmes such as PowerPoint. We were divided in groups and each contributed to the final product working in classroom or at home.

CLIL Module 2

During module 2 we prepared presentations about the history of some sports which still exist today. We were in groups and we used programmes such as PowerPoint and Prezi. Then we exposed our researches to the history teacher.

CLIL Module 3

During module 3 we prepared spider-grams about the benefits of doing sports. We were divided in groups and we used programmes such as Popplet. Then we illustrated our researches to the Science teacher.

CLIL Module 4

In the fourth module we focused our attention on the benefits of team sports and on sports rules. We also participated in some games such as the Warm-Up Dragon and the Hula Circle

CLIL Module 5

During this module after having watched some videos, we answered and discussed questions about doping in sports. Then we created a lot of slogans against doping and cheating.

CLIL Module 6

During the 6th module we participated in a lesson about athletes diets and physical activity and healthy balanced sustainable diet. We prepared food pyramids: one about healthy diets and one about physical activity. We also edited video-recipes about typical Apulian healthy dishes.

CLIL Module 7

During module 7 we listened to a Pink Floyd song about education. Then we read a text about modern education and alternative ways of learning and we worked on questions about it.

Evaluate your skills while working for the Etwinning activities as regards:

- Working with your classmates
- Independence in carrying out tasks
- Working with technology
- Time Management
- Your contribution to the products

We participated into forums about different topics such as immigration discussing our opinions and answering some questions with other countries

Evaluate your skills while working during the Mobility weeks you took part in, as regards:

- Working with other students during the mobility week
- Independence in carrying out tasks
- Time Management
- Working with technology
- Your contribution to the Final products
- Your participation in sport activities
- Your participation to the cultural programme

Mobility to Bari, South Italy – February 2016

Mobility to Bialystok, Poland – April 2016

Mobility to Istanbul -Turkey – May 2016

Mobility to Crema , North Italy – November 2016

Mobility to Moreni, Romania – February 2017

Mobility to Latvia – April 2017

During the mobility in Poland we worked together with the other students (from different countries) using social networks such as Twitter and programmes such as PowToon. We also visited the city (Bialystok) and the footballclub stadium (Jagellonia Bialystok).

Answer the following questions in relation to the Mobility experience:

what difficulties (language and integration problems) did you have in integrating in a foreign country and how did you sort them out?

We didn't have any difficulty in integrating in a foreign country (Poland).

Answer the following questions about the whole project:

What difficulties did you have in carrying out the assigned tasks during the whole project and how did you face and overcome them?

The only difficulties we had, regarded the wi-fi connection and the computer of the school. Luckily, thanks to the help of local teachers and students we managed to complete our tasks.

What satisfactions and positive impressions did you get?

From the Project

The project has been a very interesting opportunity to meet other cultures and to learn more about them.

From the CLIL Modules

We were very intrested in the different activities and the different topics which let us learn a lot of new things about sports and working together.

From the Mobility week you took part in

The mobility we took part in has been very important because thanks to it we have improved a lot our English.

From the eTwinning project

We had the opportunity to exchange lots of ideas and opinions about important topics of our society.

What influence will this experience have on your future?

This project has for sure opened our minds and stimulated our creativity. That will help us a lot in the future to better face problems between different countries.