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**Slow down, Move your body, Improve your diet,
Learn for life, and Enjoy school time
S.M.I.L.E.**

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Write about what activities you did during the project:

Evaluate your skills while working for the CLIL Modules as regards:

- 1) Working with your classmates
- 2) Independence in carrying out tasks
- 3) Working with technology
- 4) Time Management
- 5) Your contribution to the Final products

CLIL Module 1

1. We participated in sports activities and games outdoors, together with my classmates
2. For some projects we worked on my own as well.
3. We worked on computer presentations and we enriched our IT abilities
4. For some activities we had to work in our free time.
5. The activities in the project were educational for many of our schoolmates

CLIL Module 2

1. The team is important if you want to have nice results
2. Every student's work is a step towards obtaining extraordinary things for the team
3. The informatics system were the support we used to find out much information about the evolution of sport in time
4. Time was rather scarce, as in order to find and check information it takes time.
5. The evolution of sports along the history was a big challenge for us

CLIL Module 3

1. Individual sport can have a team behind it to support it
2. We learnt that independent work can be very rewarding
3. The computer and other Informatic gadgets were used to achieve the activities in the project
4. We needed a good time schedule of the activities
5. We believe the final products regarding the theme are useful for all the people who are interested in sport.

CLIL Module 4

1. In a sports team communication is very important.
2. There are some tasks which need to be solved individually
3. Using IT tools makes everything easier
4. Time must be used efficiently so that all the tasks are solved according to the plan
5. The final products stressed the benefits of the team sports

CLIL Module 5

1. Together we researched about different doping cases in sport of performance
2. The originality of every idea was valued in the project activities
3. We searched and checked the information on the Internet, about certain sportspeople who disobeyed the rules regarding doping.
4. Maybe if we had had more time we would have had more information
5. The final products we made have the ability to make the people aware about the danger of doping

CLIL Module 6

1. We worked in a team to accomplish the food pyramids
2. All knowledge of our peers were important so that the result of our work is an extraordinary one
3. All IT resources were used to inform, to make presentations and videos
4. Time was an important component because both practising physical exercises as well as a healthy diet need responsibility when organising the activities throughout a day
5. The final products we worked for bring for the interested people models of healthy life.

CLIL Module 7

1. The new methods teach us respect towards the ones around us
2. In nowadays education, working individually does not mean to neglect other people's work, which is as important as yours
3. IT equipment are a „must” in a modern lesson
4. Time must be adjusted for every activity
5. The final products of the project have the role to promote active learning

Evaluate your skills while working for the Etwinning activities as regards:

- Working with your classmates
- Independence in carrying out tasks
- Working with technology
- Time Management
- Your contribution to the products

We had no time to work on etwinning, because we had other tasks to do for school as well.

Evaluate your skills while working during the Mobility weeks you took part in, as regards:

- Working with other students during the mobility week
- Independence in carrying out tasks
- Time Management
- Working with technology
- Your contribution to the Final products
- Your participation in sport activities
- Your participation to the cultural programme

Conducting all the activities meant adjusting to the new conditions and a good communication among all the participants.

It was easy to express our opinions, to support our ideas and to use them in order to obtain the final products

During the mobility we managed to fit into the schedule and efficiently use the IT equipment we had at our disposal

I strived, and hopefully I managed, to participate in all the activities in the mobility agenda to make the final products, but also to support the purpose of the SMILE project, that of being closer to school through game and sport - Alberto

Mobility to Byalistock, Poland – April 2016

Mobility to Moreni, Romania – February 2017

Mobility to Latvia – April 2017

Answer the following questions in relation to the Mobility experience:

What difficulties (language and integration problems) did you have in integrating in a foreign country and how did you sort them out?

- *Sometimes the vocabulary and the pronunciation were difficult when speaking to the colleagues in the other partner schools*

Answer the following questions about the whole project:

What difficulties did you have in carrying out the assigned tasks during the whole project and how did you face and overcome them?

- *The fact that I worked well in the mixed teams and the teachers helped us contributed to getting special final products. - Alberto*

What satisfactions and positive impressions did you get?

From the Project

- *This project changed my mentality about the sport activities and about the importance of team work, both at school and in the extracurricular activities*

From the CLIL Modules

- *All the modules we were taught brought new knowledge, new abilities and a new attitude towards school*

From the Mobility week you took part in

- *The mobility week was the week with the most beautiful events in my student life*

From the eTwinning project

What influence will this experience have on your future?

- *The experience I gained in this project made me think more responsibly about what I want to accomplish later on, when I graduate from highschool*