



Co-funded by the
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**Slow down, Move your body, Improve your diet,
Learn for life, and Enjoy school time
S.M.I.L.E.**

Teacher: Corina Lita (Counselling activities)

School: Liceul Tehnologic Petrol Moreni

Country: Romania

Write about what you learnt during the project as regards:

A.:

- 1) teaching strategy
 - 2) approach
 - 3) Time Management
 - 4) Motivation of your students
- **extrinsic and intrinsic motivation**
 - **Priority dream perspective**
 - **SWOT analysis**
 - **impact of stress factors on learning motivation**

B. Transnational meetings in terms of:

- sharing ideas
 - planning
 - discussing
 - finding solutions
- **optimization of the learning strategies**

C. Mobility weeks you took part in, as regards:

- new teaching strategy
- CLIL approach
- Working with technology
- Time Management
- Motivation of your students
- sport activities
- cultural programme

Mobility to Bari, South Italy – February 2016

Mobility to Byalystock, Poland – April 2016

Mobility to Istanbul -Turkey – May 2016

Mobility to Crema , North Italy – November 2016

Mobility to Moreni, Romania – February 2017

Mobility to Latvia – April 2017

The importance of interculturality in our own professional and personal development

Answer the following questions in relation to the Mobility experience:

What difficulties (language and integration problems) did you have in integrating in a foreign country and how did you sort them out?

Insufficient knowledge of English was not an impediment to communicate with colleagues from partner countries, because I can speak Italian, and two schools from Italy are involved in the project.

Answer the following questions about the whole project:

What difficulties did you have in carrying out the assigned tasks during the whole project and how did you face and overcome them?

The lack of time, because our schedule is already very busy.

What satisfactions and positive impressions did you get?

From the Project

- meeting new people and sharing new ideas

From the lessons

- the students as well can teach us new things

From the Mobility week you took part in

- Turkish people are amazing!
- I enjoyed a lot the discussions with my colleague from Crema, Marina!

What influence will this experience have on your future?

- keeping in touch with colleagues from other schools for possible new collaborations